Vision Exemption Criteria:

1. Must be 21 years of age.
2. Must reside in the United States.
3. Must want to drive on an “interstate” basis or transport interstate commerce.
4. Must not drive for the local/state/county/government.  If they do, they must clearly state that the exemption is for other “part-time” work, or a desire to change jobs.
5. Must have a valid license and show that they have driven with the appropriate license during their 3-year period.  License must match state of residence.
6. Must only currently hold 1 license.
7. Must have 3-years of CMV operation immediately preceding the date of application with the vision deficiency.
8. Must drive at least 10 hours per week.
9. Must have a safe driving record.  Driver cannot be involved in a CMV crash where they are cited and/or contributed to the crash.  Additionally, the driver cannot have more than 1 serious violation in a CMV and cannot have more than 2 non-serious moving violations in a CMV.  Suspensions are also disqualifying.
10. Vision deficiency must be present for a minimum of 3 years.
11. Vision must be stable.
12. Must meet FMCSA vision standards in the better eye.
13. All applicants must meet all other physical qualifications standards in 49 CFR 391.41(b)(1-13) or hold the appropriate exemption/waiver.

Diabetes Exemption Criteria:

Diabetes Administrative Criteria:

1. Must meet all of the requirements for commercial drivers
2. Be at least 21 years of age
3. Must reside in the US
4. Must drive or intend to drive on an interstate and commercial basis
5. Must not drive for local/state/county/federal government
6. Must hold a valid, current driver’s license (US)
7. Must be insulin treated for a minimum of 30 to 60 days
8. Must be without severe hypoglycemic episodes for 1 year and no more than 1 in the past 5 years
9. Must meet all other physical qualifications in 49 CFR 391.41(b)(1-13) or hold the appropriate exemption/waiver (e.g. Vision).
10. Must submit a complete application which documents support from bc/be endocrinologist, and must hold a valid ME Certificate.
11. Must have documentation of current diabetes education.

Diabetes Medical Criteria:

1. MUST be examined by a BC/BE endocrinologist
2. MUST be On insulin (meet the 30-day/60 day requirement)
3. Should have stable control
   1. No severe hypoglycemic reaction that results in seizure or loss of consciousness or requiring assistance of another person or period of impaired cognitive function that occurred without warning: within one year and no more than 1 episode within the last 5 years (of application)
4. Does not have the associated medical conditions/complications - e.g. no loss of position sense, cardiac autoneuropathy.
5. No large fluctuations in BG levels that may impact safe driving
6. Endo supports the application - the applicant
7. Understands how to individually manage/monitor his/her DM
8. Demonstrated the ability/willingness to properly monitor/mage their diabetes
9. Is able to safely operate CMV in interstate commerce while using insulin
10. Received/participated in a diabetes education program, at least annually to apply for and remain in the program

Diabetes Vision Criteria:

1. Field of vision - must be > 70 degrees each eye
2. Visual acuity - must be 20/40 or better each eye
3. Diabetic retinopathy/other vision conditions must be stable, e.g. macular edema, glaucoma ; no vision loss, unstable retinopathy, etc.

Monitoring Criteria (Endocrinologist quarterly and Vision/Endo Annual):

1. NO severe hypoglycemic event with the last 3 months (quarter); within the last year (annual)
2. Assess progression in diabetes complications/end organ diseases in the past year, eg. Renal, cardiovascular, neurological, autonomic/peripheral neuropathy, OR applicant developed complications within the past year, eg: renal insufficiency, CAD, TIA, Stroke, PVD, etc.
3. Endo supports the evaluation for applicant to continue with the program