Public Burden Statement

A Federal agency may not conduct or sponsor, and a person is not required to respond to, nor shall a person be subject to a penalty for failure to comply with a collection of information subject to the requirements of the Paperwork Reduction Act unless that collection of information displays a current valid OMB Control Number. The OMB Control Number for this information collection is 2126-0006. Public reporting for this collection of information are personse, including the time for reviewing instructions, gathering the data needed, and completing and reviewing the collection of information. All response to this collection of information are mandatory. Send comments regarding this burden estimate or any other aspect of this collection of information, including the subject to carrier Safety Administration, MC-RRA, 1200 New Jersey Avenue, SE, Washington, D.C. 20590.

U.S. Department of Transportation Federal Motor Carrier Safety Administration

Medical Examination Report Form

(for Commercial Driver Medical Certification)

PRIVACY ACT STATEMENT: This statement is provided pursuant to the Privacy Act of 1974, <u>5 USC § 552a</u>.

AUTHORITY: Title 49, United States Code (USC), 49 USC 31133(a)(8) and 31149(c)(1)(E).

PURPOSE: To record results of a driver's physical examination, to determine qualification to operate a commercial motor vehicle (CMV), and to promote driver health in interstate commerce according to the requirements in <u>49 CFR 391.41-49</u>. Providing this information is mandatory. If this information is not provided, the medical examiner will not be able to determine qualification to operate a CMV in interstate commerce according to the requirements of a driver's physical examination and to determine qualification to operate a CMV in interstate commerce according to the requirements in <u>49 CFR 391.41-49</u>. To record results of a driver's physical examination and to determine qualification to operate

a CMV in intrastate commerce when the driver is required by a State to be examined by a medical examiner listed on the National Registry of Certified Medical Examiners in accordance with the provisions of 49 CFR 391.41-49 and any variances from the physical qualification standards adopted by such State.

Medical examiners are required to complete the Medical Examination Report Form for every driver physical examination performed in accordance with <u>49 CFR 391.41</u>. Each original (paper or electronic) completed Medical Examination Report Form must be retained on file at the office of the medical examiner for at least 3 years from the date of examination. The medical examiner must make all records and information in these files available to an authorized representative of FMCSA or an authorized Federal, State, or local enforcement agency representative, within 48 hours after the request is made [<u>49 CFR 391.43(i)</u>].

ROUTINE USES: The information is used for the purpose set forth above and may be forwarded to Federal, State, or local law enforcement agencies for their use. Medical Examination Report Forms collected by FMCSA will be stored in FMCSA's automated National Registry of Certified Medical Examiners System and will be used to monitor the performance of medical examiners listed on the National Registry.

In addition to those disclosures permitted under <u>5 USC 552a(b)</u> of the Privacy Act of 1974, additional disclosures may be made in accordance with the U.S. Department of Transportation (DOT) Prefatory Statement of General Routine Uses published in the Federal Register on December 29, 2010 (<u>75 FR 82132</u>), under "Prefatory Statement of General Routine Uses" (available at <u>http://www.dot.gov/privacy/pri</u>

ACKNOWLEDGMENT: I understand the provisions of the Privacy Act of 1974 as related to me through the above-mentioned statement.

Driver	s !	Sig	na	tur	e:

Date: ____

SECTION 1. Driver Information (to be filled out by the driver)

PERSONAL INFORMATION				
Last Name:	First Name:	Middle Initial:	Date of Birth:	Age:
Street Address:	City:	State/Provi	ince: 2	Zip Code:
Driver's License Number:	Issuing State/Prov	vince: Phone:		_ Gender: \bigcirc M \bigcirc F
E-mail (optional):	CLP,	/CDL Applicant/Holder*: (Yes 🔿 No	
	Driv	er ID Verified By**:		
Has your USDOT/FMCSA medical certificate ev	rer been denied or issued for less than 2 y	ears? \bigcirc Yes \bigcirc No \bigcirc Not	t Sure	
*CLP/CDL Applicant/Holder: See instructions for definitions.	**Driver ID Ver	rified By: Record what type of photo ID was used	I to verify the identity of the driv	rer, e.g., CDL, driver's license, passport.
DRIVER HEALTH HISTORY				
Have you ever had surgery? If "yes," please list	and explain below.		() Ye	s 🔿 No 🔿 Not Sure
Are you currently taking medications (prescri If "yes," please describe below.	ption, over-the-counter, herbal remedies, dier	t supplements)?	⊖ Ye	s 🔿 No 🔿 Not Sure

MEDICAL RECORD #

Form MCSA-5875 (Revised: 12/09/2015) OMB No. 2126-0006 Expiration Date						te: 8/3	31/2018
Last Name: First Name:				Middle Initial: DOB: Exam Date	2:		
DRIVER HEALTH HISTORY (continued)							
Do you have or have you ever had:	Yes	No	Not Sure		Yes	No	Not Sure
1. Head/brain injuries or illnesses (e.g., concussion)	0	0	\bigcirc	16. Dizziness, headaches, numbness, tingling, or memory	0	0	0
2. Seizures, epilepsy	0	0	\bigcirc	loss			
3. Eye problems (except glasses or contacts)	0	0	\bigcirc	17. Unexplained weight loss	0	Ο	0
4. Ear and/or hearing problems	0	0	0	18. Stroke, mini-stroke (TIA), paralysis, or weakness	\bigcirc	Ο	Ο
5. Heart disease, heart attack, bypass, or other heart problems	0	0	0	19. Missing or limited use of arm, hand, finger, leg, foot, toe20. Neck or back problems	0 0	0 0	0 0
6. Pacemaker, stents, implantable devices, or other heart	0	\bigcirc	\bigcirc	21. Bone, muscle, joint, or nerve problems	Ō	0	Ō
procedures	-	-		22. Blood clots or bleeding problems	\overline{O}	0	Õ
7. High blood pressure	\bigcirc	\bigcirc	\bigcirc	23. Cancer	\cap	\hat{O}	\overline{O}
8. High cholesterol	0	Ο	\bigcirc	24. Chronic (long-term) infection or other chronic diseases	\bigcirc	\bigcirc	$\hat{\mathbf{O}}$
9. Chronic (long-term) cough, shortness of breath, or other breathing problems	0	0	0	 Sleep disorders, pauses in breathing while asleep, daytime sleepiness, loud snoring 	0	0	0
10. Lung disease (e.g., asthma)	\bigcirc	Ο	\bigcirc	26. Have you ever had a sleep test (e.g., sleep apnea)?	\bigcirc	\bigcirc	\bigcirc
11. Kidney problems, kidney stones, or pain/problems with urination	0	0	0	27. Have you ever spent a night in the hospital?	0	0	0
12. Stomach, liver, or digestive problems	\bigcirc	\bigcirc	\bigcirc	28. Have you ever had a broken bone?	Ο	Ο	\bigcirc
13. Diabetes or blood sugar problems	$\overline{\bigcirc}$	\bigcirc	\bigcirc	29. Have you ever used or do you now use tobacco?	Ο	Ο	\bigcirc
Insulin used	$\overline{\bigcirc}$	\bigcirc	$\tilde{\circ}$	30. Do you currently drink alcohol?	Ο	Ο	\bigcirc
14. Anxiety, depression, nervousness, other mental health problems	0	0	0	31. Have you used an illegal substance within the past two years?	0	0	0
15. Fainting or passing out	0	0	0	32. Have you ever failed a drug test or been dependent on an illegal substance?	0	0	0
Other health condition(s) not described above:				⊖ Yes ⊖ N	o ()	Not	Sure
Did you answer "yes" to any of questions 1-32? If so, please of	omm	ent f	urthe	r on those health conditions below. O Yes O N	0 ()	Not	Sure
CMV DRIVER'S SIGNATURE							
				at inaccurate, false or missing information may invalidate the e			
				tionally false information is a violation of <u>49 CFR 390.35</u> , and th ninal penalties under <u>49 CFR 390.37</u> and <u>49 CFR 386</u> Appendice			

Driver's Signature:

Date:

SECTION 2. Examination Report (to be filled out by the medical examiner)

DRIVER HEALTH HISTORY REVIEW

Review and discuss pertinent driver answers and any available medical records. Comment on the driver's responses to the "health history" questions that may affect the driver's safe operation of a commercial motor vehicle (CMV).

Form MCSA-5875 (Revised: 12/09/2015)

OMB No. 2126-0006 Expiration Date: 8/31/2018

Last Name:		First Name:			N	Middle Initial: DOB:		DOB:	Exam Date:		
TESTING											
Pulse rate:	Pulse rhyth	nm regular: 🔿	Yes 🔿 No		Height:	_feetin	nches V	Weight:	pounds		
Blood Pressure	Systolic		Diastolic		Urinalys	is	S	Sp. Gr.	Protein	Blood	Sugar
Sitting						s is required					
Second reading (optional)				Numerical readings must be recorded.							
Other testing if indicated				Protein, blood, or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.							
Vision Standard is at least 20 least 70° field of vision rective lenses should b	n in horizontal me	eridian measure	d in each eye. The						roice at not les: B, in better ear		DR average out hearing aid).
Acuity	Uncorrected	Corrected	Horizontal Fie	ld of Visior				r test: 🤇) Right Ear 🤇		
Right Eye:	20/	20/	Right Eye:	_degrees	Whisper Test Results Right Ear Record distance (in feet) from driver at which a forced			t Ear Left Ear			
Left Eye:	20/	20/	Left Eye:	_degrees		d voice can					
Both Eyes:	20/	20/		Yes No	OR						
Applicant can recog signals and devices				ΟC		etric Test Re	esults				
Monocular vision	showing rea, gi	een, and annu		ОС	Right Ear 500 Hz		200	2011	Left Ear	100011	2000 11
Referred to ophtha	Imologist or opt	ometrist?			500112	1000 Hz	200	00 Hz	500 Hz	1000 Hz	2000 Hz
Received documen	•		or optometrist?	0 C	Average (right):			Average (le	eft):	
PHYSICAL EXAMIN	NATION										
The presence of a c is readily amenable Also, the driver sho result in a more ser	to treatment. Ev uld be advised t ious illness that	ven if a condit o take the neo might affect d	ion does not dis essary steps to	qualify a d	river, the M	edical Exam	niner ma	ay consid	ler deferring	the driver te	emporarily.
Check the body sys	tems for abnorn	nalities.									

Body System	Normal	Abnormal	Body System	Normal	Abnormal
1. General	\bigcirc	\bigcirc	8. Abdomen	\bigcirc	\bigcirc
2. Skin	\bigcirc	\bigcirc	9. Genito-urinary system including hernias	\bigcirc	\bigcirc
3. Eyes	\bigcirc	\bigcirc	10. Back/Spine	0	\bigcirc
4. Ears	\bigcirc	\bigcirc	11. Extremities/joints	0	\bigcirc
5. Mouth/throat	\bigcirc	\bigcirc	12. Neurological system including reflexes	0	\bigcirc
6. Cardiovascular	\bigcirc	0	13. Gait	0	\bigcirc
7. Lungs/chest	\bigcirc	\bigcirc	14. Vascular system	\bigcirc	\bigcirc
		-+	and affect the driver of the terms of the CMU		

Discuss any abnormal answers in detail in the space below and indicate whether it would affect the driver's ability to operate a CMV. Enter applicable item number before each comment.

Form MCSA-5875 (Revised: 12/09/2015)

Last Name:	First Name:	Middle Initial:	DOB:	Exam Date:			
Please complete only one of th	he following (Federal or State) Medical Examin	er Determination section	IS:				
MEDICAL EXAMINER DETERM	IINATION (Federal)						
Use this section for examinations	s performed in accordance with the Federal Motor	r Carrier Safety Regulations	<u>(49 CFR 391.41-39</u>	<u>1.49</u>):			
O Does not meet standards (s	specify reason):						
O Meets standards in <u>49 CFR 3</u>	391.41; qualifies for 2-year certificate						
O Meets standards, but period	dic monitoring required (specify reason):						
	months O 6 months O 1 year O						
	e lenses 🔄 Wearing hearing aid 🔄 Acc						
	Skill Performance Evaluation (SPE) Certificate exempt intracity zone (see <u>49 CFR 391.62</u>) (Federal)	— , ,	on of <u>49 CFR 391.64</u>	<u>4</u> (Federal)			
	ecify reason):						
	n office for follow-up on (must be 45 days or less):						
Medical Examination Report amended (specify reason): (if amended) Medical Examiner's Signature: Date:							
	becify reason):						
	ndards outlined in <u>49 CFR 391.41</u> , then complete a N			••••			
	on for certification. I have personally reviewed a ny knowledge, I believe it to be true and correct.		corded information	n pertaining to this evaluation,			
Medical Examiner's Signature:							
	se print or type):						
Medical Examiner's Address: _		City:	State: _	Zip Code:			
Medical Examiner's Telephone	Number:	Date Certificate Signe	d:				
Medical Examiner's State Licens	se, Certificate, or Registration Number:			Issuing State:			
MD DO Physician	Assistant 🗌 Chiropractor 🗌 Advanced Pra	ctice Nurse					
Other Practitioner (specify):							
National Registry Number:		Medical Exami	ner's Certificate Ex	xpiration Date:			

Form MCSA-5875 (Revised: 12/09/2015)

Last Name:	First Name:	Middle Initial:	DOB:	Exam Date:		
MEDICAL EXAMINER DETERMINATIO	N (State)					
Use this section for examinations perform variances (which will only be valid for inter-	ned in accordance with the Federal Motor rastate operations):	Carrier Safety Regulations	5 (<u>49 CFR 391.41-391.4</u>	9) with any applicable State		
O Does not meet standards in <u>49 CFR</u>	<u>391.41</u> with any applicable State varian	ces (specify reason):				
○ Meets standards in <u>49 CFR 391.41</u> w	vith any applicable State variances					
O Meets standards, but periodic mon	itoring required (specify reason):					
Wearing corrective lenses	6 Months 1 year 6 Wearing hearing aid Accorr Formance Evaluation (SPE) Certificate	ompanied by a waiver/ex	emption (specify type)			
	ined in <u>49 CFR 391.41</u> , with applicable Stat		•			
I have performed this evaluation for cer and attest that to the best of my knowl	rtification. I have personally reviewed al	available records and re		•••		
Medical Examiner's Name (please print o	r type):					
Medical Examiner's Address:		City:	State:	Zip Code:		
Medical Examiner's Telephone Number	:	Date Certificate Signe	ed:			
Medical Examiner's State License, Certif	icate, or Registration Number:			Issuing State:		
MD DO Physician Assistant Chiropractor Advanced Practice Nurse						
National Registry Number:		Medical Exam	iner's Certificate Expir	ration Date:		

Instructions for Completing the Medical Examination Report Form (MCSA-5875)

I. Step-By-Step Instructions

Driver:

Privacy Act Statement - Please read, sign and date the Statement acknowledging that you understand the provisions of the Privacy Act of 1974 as written.

Section 1: Driver information

- **Personal Information**: Please complete this section using your name as written on your driver's license, your current address and phone number, your date of birth, age, gender, driver's license number and issuing state.
 - CLP/CDL Applicant/Holder: Check "yes" if you are a commercial learner's permit (CLP) or commercial driver's license (CDL) holder, or are applying for a CLP or CDL. CDL means a license issued by a State or the District of Columbia which authorizes the individual to operate a class of a commercial motor vehicle (CMV). A CMV that requires a CDL is one that: (1) has a gross combination weight rating or gross combination weight of 26,001 pounds or more inclusive of a towed unit with a gross vehicle weight rating (GVWR) or gross vehicle weight (GVW) of more than 10,000 pounds; or (2) has a GVWR or GVW of 26,001 pounds or more; or (3) is designed to transport 16 or more passengers, including the driver; or (4) is used to transport either hazardous materials requiring hazardous materials placards on the vehicle or any quantity of a select agent or toxin.
 - **Driver ID Verified By**: The Medical Examiner/staff completes this item and notes the type of photo ID used to verify the driver's identity such as, commercial driver's license, driver's license, or passport, etc.
 - Question: Has your USDOT/FMCSA medical certificate ever been denied or issued for less than two years? Please check the correct box "yes" or "no" and if you aren't sure check the "not sure" box.

• Driver Health History:

- **Have you ever had surgery:** Please check "yes" if you have ever had surgery and provide a written explanation of the details (type of surgery, date of surgery, etc.)
- Are you currently taking medications (prescription, over-the-counter, herbal remedies, diet supplements): Please check "yes" if you are taking any diet supplements, herbal remedies, or prescription or over the counter medications. In the box below the question, indicate the name of the medication and the dosage.
- **#1-32:** Please complete this section by checking the "yes" box to indicate that you have, or have ever had, the health condition listed or the "No" box if you have not. Check the "not sure" box if you are unsure.
- **Other Health Conditions not described above**: If you have, or have had, any other health conditions not listed in the section above, check "Yes" and in the box provided and list those condition(s).
- Any yes answers to questions #1-32 above: If you have answered "yes" to any of the questions in the Driver Health History section above, please explain your answers further in the box below the question. For example, if you answered "yes" to question #5 regarding heart disease, heart attack, bypass, or other heart problem, indicate which type of heart condition. If you checked "yes" to question #23 regarding cancer, indicate the type of cancer. Please add any information that will be helpful to the Medical Examiner.
- **CMV Driver Signature and Date:** Please read the certification statement, sign and date it, indicating that the information you provided in Section 1 is accurate and complete.

Medical Examiner:

Section 2: Examination Report

- Driver Health History Review: Review answers provided by the driver in the driver health history section and discuss any "yes" and "not sure" responses. In addition, be sure to compare the medication list to the health history responses ensuring that the medication list matches the medical conditions noted. Explore with the driver any answers that seem unclear. Record any information that the driver omitted. As the Medical Examiner conducting the driver's physical examination you are required to complete the entire medical examination even if you detect a medical condition that you consider disqualifying, such as deafness. Medical Examiners are expected to determine the driver's physical qualification for operating a commercial vehicle safely. Thus, if you find a disqualifying condition for which a driver may receive a Federal Motor Carrier Safety Administration medical exemption, please record that on the driver's Medical Examiner's Certificate, Form MCSA-5876, as well as on the Medical Examination Report Form, MCSA-5875.
- Testing:
 - Pulse rate and rhythm, height, and weight: record these as indicated on the form.
 - **Blood Pressure:** record the blood pressure (systolic and diastolic) of the driver being examined. A second reading is optional and should be recorded if found to be necessary.
 - Urinalysis: record the numerical readings for the specific gravity, protein, blood and sugar.
 - Vision: The current vision standard is provided on the form. When other than the Snellen chart is
 used, give test results in Snellen-comparable values. When recording distance vision, use 20 feet as
 normal. Record the vision acuity results and indicate if the driver can recognize and distinguish
 among traffic control signals and devices showing red, green, and amber colors; has monocular
 vision; has been referred to an ophthalmologist or optometrist; and if documentation has been
 received from an ophthalmologist or optometrist.
 - **Hearing:** The current hearing standard is provided on the form. Hearing can be tested using either a whisper test or audiometric test. Record the test results in the corresponding section for the test used.
- **Physical Examination:** Check the body systems for abnormalities and indicate normal or abnormal for each body system listed. Discuss any abnormal answers in detail in the space provided and indicate whether it would affect the driver's ability to safely operate a commercial motor vehicle.

In this next section, you will be completing either the Federal or State determination, not both.

- Medical Examiner Determination (Federal): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>). Complete the medical examiner determination section completely. When determining a driver's physical qualification, please note that English language proficiency (<u>49 CFR part 391.11</u>: General qualifications of drivers) is not factored into that determination.
 - **Does not meet standards:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41.
 - Meets standards in 49 CFR 391.41; qualifies for 2-year certification: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.

- Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
 - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, driving within an exempt intracity zone, etc.).
- **Determination pending:** Select this option when more information is needed to make a qualification decision and specify a date, on or before the 45 day expiration date, for the driver to return to the medical exam office for follow-up. This will allow for a delay of the qualification decision for as many as 45 days. If the disposition of the pending examination is not updated via the National Registry on or before the 45 day expiration date, FMCSA will notify the examining medical examiner and the driver in writing that the examination is no longer valid and that the driver is required to be re-examined.
- MER amended: A Medical Examination Report Form (MER), MCSA-5875, may only be amended while in determination pending status for situations where new information (e.g., test results, etc.) has been received or there has been a change in the driver's medical status since the initial examination, but prior to a final qualification determination. Select this option when a Medical Examination Report Form, MCSA-5875, is being amended; provide the reason for the amendment, sign and date. In addition, initial and date any changes made on the Medical Examination Report Form, MCSA-5875. A Medical Examination Report Form, MCSA-5875, cannot be amended after an examination has been in determination pending status for more than 45 days or after a final qualification determination Report Form, MCSA-5875, should be completed.
- **Incomplete examination:** Select this when the physical examination is not completed for any reason (e.g., driver decides they do not want to continue with the examination and leaves) other than situations outlined under determination pending.
- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medical Examiner's Certificate expiration date, signature and date.
- Medical Examiner Determination (State): Use this section for examinations performed in accordance with the FMCSRs (<u>49 CFR 391.41-391.49</u>) with any applicable State variances (which will only be valid for intrastate operations). Complete the medical examiner determination section completely.
 - **Does not meet standards in 49 CFR 391.41 with any applicable State variances:** Select this option when a driver is determined to be not qualified and provide an explanation of why the driver does not meet the standards in 49 CFR 391.41 with any applicable State variances.
 - Meets standards in 49 CFR 391.41 with any applicable State variances: Select this option when a driver is determined to be qualified and will be issued a 2-year Medical Examiner's Certificate.
 - Meets standards, but periodic monitoring is required: Select this option when a driver is determined to be qualified but needs periodic monitoring and provide an explanation of why periodic monitoring is required. Select the corresponding time frame that the driver is qualified and if selecting other, specify the time frame.
 - **Determination that driver meets standards:** Select all categories that apply to the driver's certification (e.g., wearing corrective lenses, accompanied by a waiver/exemption, etc.).

- **Medical Examiner information, signature and date:** Provide your name, address, phone number, occupation, license, certificate, or registration number and issuing state, national registry number, Medical Examiner's Certificate expiration date, signature and date.
- II. If updating an existing exam, you must resubmit the new exam results, via the Medical Examination Results Form, MCSA-5850, to the National Registry, and the most recent dated exam will take precedence.
- III. To obtain additional information regarding this form go to the Medical Program's page on the Federal Motor Carrier Safety Administration's website at <u>http://www.fmcsa.dot.gov/regulations/medical</u>.