

# DON'T DRIVE DISTRACTED. EXPERIENCE DEMANDS FOCUS.

AMERICA'S ROADS  
RELY ON PROS.



## Stay Focused Behind the Wheel

Distracted driving is dangerous—claiming 3,208 lives and leaving 315,167 people injured on America's roads in 2024. Every momentary lapse in focus can have fatal consequences. Before getting behind the wheel, review these safety tips:



### Store your phone out of sight

Texting while driving is illegal. It takes your eyes, hands, and mind off your priority—driving safely. Don't text or call while driving.



### Set your navigation before leaving

Entering a destination in your GPS while driving takes your eyes off the road. Review your route and set your navigation before hitting the road.



### Get a good night's rest

Being tired can cause your eyes—and vehicle—to drift. Before you leave, get enough sleep to stay focused while driving. If you are tired, do not drive.



Scan or visit for more resources to prevent distracted driving:

▶ [www.fmcsa.dot.gov/ourroads/distracted-driving-awareness-resources](http://www.fmcsa.dot.gov/ourroads/distracted-driving-awareness-resources)

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