Frequently Asked Questions Relating to 2020 Changes to Hours of Service Regulations

Question 9

Q: May a driver choose to use the sleeper berth provision some days and the other provisions of 49 CFR 395.1(g) other days?

A: Yes. Drivers may choose any of the options provided in 49 CFR 395.1(g)(1)(i).

Regulatory Topic: Hours of Service

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