Hours of Service Definitions

**§395.2 Definitions.**

## Guidance Q&A

***Question 28:*** How should time spent at National Guard meetings and training sessions be recorded for the hours of service requirements?

***Guidance:*** A member of a military reserve component, serving in either an inactive duty status, such as weekend drills, or in an active duty status, such as annual training, may log that time as “off-duty time” regardless of whether such duty time is paid or un-paid. This is consistent with the rights and benefit entitlements provided in the Uniformed Services Employment and Reemployment Rights Act (38 U.S.C. 4301 *et seq.*).