ELD guidance

**Frequently Asked Questions --Electronic Logging Devices and Hours of Service –8 day exemption**

## Guidance Q&A

**Question 18: What time periods can be used to determine the 8 days in any 30-day period?**

**Guidance:** The 30-day period is not restricted to a single month, but applies to any 30-day period. For example, June 15 to July 15 is considered a 30-day period.