Cross-border hours-of-service requirements

**FAQ008: For drivers transporting property, are there differences between Canadian and U.S. HOS regulations for driving after on-duty time?**

**Answer:** When operating in the United States, no on-duty driving may be done after 14-consecutive hours from the first on-duty activity after having taken 10-consecutive hours of off-duty. (49 CFR § 395.3(a)(2))

When operating in Canada, no driving may be done after 14-hours of on-duty time in a day or after 14-hours on-duty in a work-shift after having taken 8-consecutive hours off-duty. (SOR/2005-313 - Section 12: Daily Driving